

**UNDER THE TUSCAN SUN...TRAVEL CDE PACKAGE
MAY 28-JUNE 5, 2011**

Continuing Dental Education program faculty & topics to be announced,
offered in conjunction with course Directors, **Antonio Barone, DDS** Assistant Professor and
Ugo Covani, DDS, Associate Professor; Department of Biophysical, Medical and Dental
Sciences and Technologies, Medical School, University of Genova, Italy

Saturday May 28: Viareggio

Early morning arrival from your overnight flight from US into Florence/Pisa Airport. After clearing entry formalities, your English speaking tour director will be waiting just outside the customs area to welcome you to Italy. You will proceed with luggage to your private motor coach waiting for transfer to the Hotel in Viareggio. Accommodation in your room.

Welcome dinner in a traditional trattoria and overnight stay.

Saturday May 28 to Thursday June 02: 5 nights at hotels in the heart of Viareggio

- 1) HOTEL PLAZA E DE RUSSIE – 4 STARS; or**
- 2) GRAND HOTEL ROYAL – 4 STARS**

Classic double rooms, including tax, service and buffet breakfast

Sunday May 29 – Full day excursion in Cinque Terre

The Cinque Terre represents one of the best preserved natural and semi-natural areas of the Mediterranean. Historical and geomorphologic reasons have forbidden excessive housing development and the creation of major roadways. Human activity and especially viticulture, have contributed to create a unique landscape in which development of the typical stone walls is so extensive as to equal that of the famous Great Wall of China. All this, combined with the characteristics of a crystal clear sea, of architecturally interesting locations, of a varied and extensive network of paths (one of the most enviable in the whole Mediterranean), makes the Cinque Terre an increasingly sought after location among Italian and foreign tourists. This is not so much the result of a successful promotional campaign but rather the spontaneous recognition of the uniqueness of the place, of its beauty, of the enjoyment one gets from staying in or visiting it.



Breakfast at the Hotel.

Departure by private coach and departure from Cinque Terre. Arrival in La Spezia where you will meet your guide and take the train up to Riomaggiore, the first of the five villages. From Riomaggiore to Manarola you will have a lovely walking along the Via dell'Amore, one of the most beautiful and breathtaking view along the coast. From Manarola you will go by train to Monterosso where you will visit the picturesque centre and will have a nice sea food lunch in a traditional restaurant. In the afternoon, if weather permits, by boat you will reach Vernazza so you can have a view of

Cinque Terre from the sea before going back to La Spezia by train and return back to Viareggio late in the afternoon. Dinner on your own and overnight stay.

Monday May 30: Morning lecture and afternoon at leisure to explore Viareggio

Breakfast at the Hotel.

7:15am – pick up at the hotel by private motor coach and transfer to the hospital for lecture starting at 8:00am. Transfer back to your hotel at the end of the lecture around 12:00pm.

Lunch on own and afternoon at leisure to enjoy Viareggio and the seaside. Dinner on your own and overnight stay.

Tuesday May 31: Morning lecture and afternoon cooking class with dinner

Breakfast at the Hotel.

7:15am – pick up at the hotel by private motor coach and transfer to the hospital for lecture starting at 8:00am. Transfer to Lucca at the end of the lecture around 12:00pm. Lunch on own.

Afternoon cooking class in Lucca or in one villa in the area of Lucca, followed by dinner prepared by you. Back to Viareggio and overnight stay.

Wednesday June 01: Morning lecture and afternoon at leisure in Lucca



Breakfast at the Hotel.

7:15am – pick up at the hotel by private motor coach and transfer to the hospital for lecture starting at 8:00am. Transfer to Lucca at the end of the lecture around 12:00pm. Lunch on own. Afternoon guided walking tour of Lucca. Dinner in a Fattoria producing the wine Montecarlo, located on the hills between Lucca and Montecatini. Traditional tasting dinner in a relaxed and friendly atmosphere of a typical Tuscan home. Back to Viareggio and overnight stay.

Thursday June 02: Excursion to Siena and San Gimignano and transfer to Perugia, Umbria



Siena is an historic town of Tuscany, of about 54,000 inhabitants, at 319 meters above sea level. It is rich in works of art and monuments. Previously an Etruscan city and Roman settlement, it experienced economic and artistic prosperity during the Middle-Ages. Siena has been able to conserve its ancient medieval characteristics integrally: buildings, small squares, narrow streets, back-streets and best of all, the warm, rich color of red bricks.

Buffet Breakfast at hotel.

Departure for S. Gimignano, the Manhattan of the Medieval ages, and time on your own for a pleasant guided walking tour in centre. At the end of the visit departure for Siena and arrival for lunch time. Lunch on your own. In the afternoon you will have a 2 hour guided walking tour of the Palio Town: Casa di Santa Caterina, Basilica of S. Domenico, Piazza Salimbeni, Via Banchi di Sopra (il Corso), le Logge della Mercanzia and Piazza del Campo, and the magnificent gothic Cathedral. Departure for Umbria, arrival at the hotel near Perugia, check in and dinner. Overnight stay.

Thursday June 02 to Sunday June 05: 3 nights at *Relais San Clemente*

Classic double rooms, including tax, service and buffet breakfast

The Relais S. Clemente is located in the country side 30 min far from the centre of Perugia, surrounded by a beautiful park. It has atmosphere and character and a nice restaurant and it is located just close a country railway station where you can take the local train to get to Perugia in few minutes.

Friday June 03: Full day excursion to Assisi and Perugia

Assisi, the Holy City for the Christians, is always the destination for those pilgrims who want to see the places where Saint Francis was born, was active, and where, near the Porziuncola, he died on October 4th, 1226. In this little town, laid on the spurs of Mount Subasio, it is normal that everything does remind of Saint Francis, even the most unrelated things to him and His Sister Poverty.



dinner and overnight.

Buffet Breakfast at the hotel.

Pick up by private coach and depart for Assisi. Guided walking tour of the town in its main corner: Superior Basilic, Inferior Basilic, Piazza del Comune, Oratorio dei Pellegrini, Via S. Francesco, etc. After the visit transfer to Perugia where you will arrive for lunch time. Lunch on your own and afternoon walking tour of the beautiful capital town of Umbria, along the gorgeous and elegant Via Vannucci. In Perugia you will have the chance to stop in one of the many chocolate patisserie and have a tasting. Back to the hotel for

Saturday June 04: Excursion to Bevagna and Spoleto

Cut off from the industrial development in the region, Bevagna has preserved virtually intact its medieval urban structure, which for the most part follows the plan of the ancient Roman town. This pure solitude has made it a tangible symbol of a city on a human scale. One need to only visit Piazza Silvestri, sublime in its irregularity, to understand how harmony can be created from an apparent chaos of styles, histories, and periods mixed together. This is one of the most magnificent piazzas in Italy. The rule of the Commune is expressed in the Palazzo dei Consoli (1270), with its elegant travertine and sandstone façade, double rows of Gothic windows and the wide loggia. The city walls, with their many towers and bastions, are interrupted by medieval gates or more recent openings which allow access to the historic centre. Inside, Bevagna shows its medieval character, where there is still a living craft tradition of workshops opening onto the charming narrow streets.

Breakfast at the Hotel and departure for Bevagna with your guide who introduce you to the “*Gaite*”, the small quarters of the village, where every year during the last week of June, you can live the amazing experience of the trip back in the past: the Mercato delle Gaite (the Market of the Gaite) is a reproduction of a Medieval Market of craft workshops still alive in Bevagna: the art of silk, perfume, paper, candles, produced according the tradition. The morning will be spent in Bevagna visiting some of these workshops. Transfer to Montefalco for a visit of an olive oil mill of followed by a tasting light lunch. Afternoon transfer to the beautiful town of Spoleto, famous for the Two Worlds festival, for a guided walking tour and time for individual activities. Back to your Hotel, where you will have a typical farewell dinner. Overnight stay.



Sunday June 05: Departure

Breakfast and check out of our hotel and private transfer to Fiumicino International Airport for your return flight home

The package price through Cruise & Travel Partners includes:

- 5 nights by the selected 4 STAR in Viareggio
- 3 nights in a 4 star Hotel in the Perugia area in half board accomodation
- DeLuxe coach at disposal for the above program, from day 1 to day 9 – Group transfer from Pisa/Florence airport to Viareggio and from Perugia to Fiumicino (Rome) final transfer, check point fees and driver's lunches included
- Welcome dinner in a traditional osteria in Viareggio (¼ wine and mineral water included)
- Lunch in seafood restaurant in Monterosso, ¼ wine and mineral water included
- Cooking class in Lucca including dinner and drinks
- Dinner in a farm in Montecarlo, drinks included
- Olive oil tasting light lunch in Montefalco
- Farewell dinner at the hotel in Perugia, drinks included
- HD guided visits to: Lucca, S. Gimignano, Siena, Assisi, Perugia, Bevagna, Spoleto
- FD excursion to Cinque Terre with train tickets
- Entrance tickets to the *Gaite* workshop in Bevagna

Approximate Pricing:

\$2,150pp with HOTEL PLAZA E DE RUSSIE

\$2,350pp with GRAND HOTEL ROYAL

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